



ENJOY CLEANING UP

Training and Course Offerings for Children in Uganda: Learning about the Impact of Litter and the Importance of Clean-Up

Course 1: Litter Awareness

Target Group: Children aged 6-12 years

Duration: 4 weeks, 2 hours per week

Content:

- **Week 1:** What is Litter? – An interactive session with videos and examples from the local environment.
- **Week 2:** The Consequences of Litter – A playful presentation on how litter affects nature, animals, and people.
- **Week 3:** Recycling and Reusing – Creative workshops where children learn how to recycle and reuse waste.
- **Week 4:** Community Clean-Up – A practical clean-up action in the neighborhood, where children put their knowledge into practice.

Course 2: The Natural World and Our Role

Target Group: Children aged 12-16 years

Duration: 6 weeks, 2 hours per week

Content:

- **Week 1:** Introduction to the Natural World – An exploration of local flora and fauna.
- **Week 2:** Litter and the Environment – An in-depth study of the negative effects of litter on the environment.
- **Week 3:** Environmental Activism and You – Inspiring stories of young environmental activists and how children can contribute.
- **Week 4:** Practical Waste Management Skills – Workshops on waste segregation, composting, and creative reuse methods.
- **Week 5:** Project Development – Children design and plan their own environmental projects.
- **Week 6:** Project Execution and Presentation – Implementation of the environmental projects followed by a presentation to parents and the community.

Course 3: Eco-Warriors in Action

Target Group: Children aged 16 and older

Duration: 8 weeks, 2 hours per week

Content:

- **Week 1:** Introduction to Environmental Science – Basic principles of environmental science and ecology.
- **Week 2:** Analysis of Waste Problems – Research on specific waste issues in the local community.
- **Week 3:** Effective Awareness Campaigns – Learning how to set up effective campaigns to inform others.
- **Week 4:** Techniques for Waste Reduction – Advanced methods for waste reduction and management.
- **Week 5:** Community Collaboration – Learning to collaborate with local organizations and communities.
- **Week 6:** Project Management – Developing skills for leading environmental projects.
- **Week 7:** Implementation of Initiatives – Children set up and execute their own projects.
- **Week 8:** Evaluation and Future Planning – Reflecting on achieved results and making plans for the future.

General Activities:

- **Guest Speakers and Expert Sessions:** Regular visits from environmental experts and local heroes to share their knowledge and experiences.
- **Nature Trips:** Excursions to national parks and nature reserves to raise children's awareness of the beauty and fragility of nature.
- **Art and Creativity:** Art projects where children use waste materials to create artworks that highlight the importance of recycling and waste reduction.

Goal: The goal of these courses is to educate children about the impact of litter, inspire them to adopt environmentally conscious habits, and equip them with the skills to actively contribute to the preservation of their surroundings. Through these programs, we hope to cultivate a new generation of environmentally conscious citizens who have a positive impact on their community and the world.